

Stillwater Catholic Community

*Serving the Parishes of St. Francis Xavier and St. John the Evangelist
Part of the Diocese of Tulsa and Eastern Oklahoma – Together, Our Faith Goes Further*

**We seek to spread the word of God and serve our community and
the universal Church through the Pillars of Parish Stewardship:
HOSPITALITY, PRAYER, FORMATION, AND SERVICE.**

His Holiness, Pope Francis
Bishop of Tulsa, David Konderla
Fr. Brian O'Brien - St. Francis Pastor
Fr. Emeritus Jim Greiner
Fr. Kerry Wakulich - St. John Pastor
Fr. Lawrence Nwachukwu – Assoc. Pastor
Deacon Bart Brashears
Deacon Glenn Collum
Deacon Paul Govek
Deacon Tom Haan



Fifth Sunday in Ordinary Time February 4, 2018

Our Faith & Works Annual Appeal is next Sunday, February 11th.
You should have already received a letter asking for your pledge in the mail. If you haven't pledged you will have the opportunity to donate next Sunday here at church. Whether you've given in the past, or you'd be a first-time giver, we ask that you give prayerful consideration to donating this year. Our church family is much bigger than our parish. It's really up to all of us to help provide the 78 parishes in Eastern Oklahoma including *St. Francis Xavier and St. John the Evangelist* with the services and ministry resources that no single parish could provide for itself. It's also important to remember, many of these services we benefit from throughout the year. Some of the expanding ministries of the Diocese are the ministry activities in the rural areas, revitalization of our Catechetical conference, the Sing Praise events, the new class of Deacon aspirants, the hiring of a full-time Director of Child and Youth Protection, the assignment of a new full-time Director of Vocations, and much more. Please join me next weekend in helping our faith go further by making a pledge to the Faith & Works Annual Appeal.

We are collecting old palms for ashes on Ash Wednesday. If you have any old Palms, there is a basket in the vestibule of St. Francis.

Bulletin submissions should be directed to erin@sfxstillwater.org by Wednesday at noon prior to the Sunday publication. Submissions are subject to editing. Graphics are appreciated and used if space permits.

St. Francis Xavier Catholic Church

601 S. West Street † P.O. Box 909 † Stillwater, OK 74076
Phone: 405-372-6886 † Fax: 405-533-1728
Website: www.sfxstillwater.org

Worship Schedule

Saturday 5:00pm
Sunday 8:00am, 10:00am & 1:00pm (Spanish)
Daily Mass: Tues., Wed. and Thurs. – 8:00am
Friday – 12:10pm
First Saturday of the Month Mass at 9:00am
Holy Days: 7:00am, 5:30pm & 7:30pm (Spanish)
Adoration: 1st Friday after 12:10pm Mass
Reconciliation: Wed. 5:30 – 6:30pm & Sat. 3:00 – 4:30pm

Rev. Brian O'Brien – Pastor † fbrien@sfxstillwater.org
Vic Schutte – Director of Operations † vic@sfxstillwater.org
Cindy Beckman – Business Manager † cindy@sfxstillwater.org
Leah Aufill – Finance and Facilities Manager † leah@sfxstillwater.org
Erin Johnson – Office Assistant, Bulletin † erin@sfxstillwater.org
Lori Wieder – Office Assistant, Website † lori@sfxstillwater.org
Kevin Larios – Music Ministry (405) 624-2208 † klarios357@earthlink.net

St. John the Evangelist Catholic Student Center

201 N. Knoblock † Stillwater, OK 74075
Phone: 405-372-6408 † Fax: 405-372-6409 † 032176
Email: catholicpokes@gmail.com
Website: www.catholicpokes.com

Worship Schedule

Sunday 9:30am, 11:30am, 5:00pm (Student)
Daily Mass: Mon. 12:15pm
Wed. 12:15pm & 9pm (Student)
Tues., Thurs. & Friday – 5:15pm
Holy Days: 12:15pm & 6:30pm
Adoration: Tues. – Friday 8:00 – 9:00am
Wednesday 1:00 – 5:00pm
1st Friday after the Thursday 5:15pm Mass
Reconciliation: Tues. – Friday 8:00 – 9:00am
Sunday 9 – 9:30am, 11 – 11:30am & 3:45 – 4:45pm

Kathleen Walker – Business Manager
Cathy Perry – Campus Ministry Director
Matt Bond – Campus Ministry Development Director
Marilyn Middlebrook – Music Ministry

Brandi Bishop – Parish Nurse † (405) 269-2252 † brandi@sfxstillwater.org
Sarah Dorman – Religious Education (PreK-5th) † (405) 372-7987 † sarah@sfxstillwater.org
Ashleigh Martin – Youth Ministry (6th – 12th) † (405) 269-3786 † ashleigh@sfxstillwater.org

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him. (Mk 1:32-34)

Father O'Brien wants you to know about two major texts that should be very important to the life of Catholics and our work here at Saint Francis Xavier:

The Catechism of the Catholic Church- Promulgated in 1992 by St. John Paul II, The CCC contains the teachings of the Holy Catholic Church. Each week, we'll publish a paragraph for your benefit and reflection. This week's Catechism paragraph is:

1181 A church is, "a house of prayer in which the Eucharist is celebrated and reserved, where the faithful assemble, and where is worshipped the presence of the Son of God our Savior, offered for us on the sacrificial altar for the help and consolation of the faithful - this house ought to be in good taste and a worthy place for prayer and sacred ceremonial." In this "house of God" the truth and the harmony of the signs that make it up should show Christ to be present and active in this place.

Code of Canon Law- Promulgated in 1983 by St. John Paul II, The Code of Canon Law contains the laws that govern the Holy Catholic Church including the Sacraments and parish life. This week's canon is:

Can. 1247 On Sundays and other holydays of obligation, the faithful are obliged to assist at Mass. They are also to abstain from such work or business that would inhibit the worship to be given to God, the joy proper to the Lord's Day, or the due relaxation of mind and body.

Readings for the Week of February 4, 2018

Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-39
 Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10 [8a]/Mk 6:53-56
 Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11 [2]/Mk 7:1-13
 Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40 [30a]/Mk 7:14-23
 Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40 [4a]/Mk 7:24-30
 Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15 [11a and 9a]/Mk 7:31-37
 Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22 [4a]/Mk 8:1-10
 Next Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]/1 Cor 10:31—11:1/Mk 1:40-45

Parish Contributions

Fiscal Year: 7/1/2017-6/30/2018

	<u>Weekly</u>	<u>To Date</u>
St. Francis – Jan. 28	\$10,189.44	\$242,752.25
St. John – Jan. 28	\$3,756.40	\$190,001.96

Stillwater Catholic Radio (1/1/17-12/31/17)
 Annual Goal: **\$4,260** Received to date: **\$5,076.90**

Thank you for your continued generosity!

PRAYER

If you would like to add or remove someone, please contact the Parish Office at (405) 372-6886. Due to space limitations, names are removed from the list after 1 month.

Please keep the following people in your prayers:

Elia Adams, Justin Aguilera, Maria y Ricardo Aguilar, Nena Batista, John Belusko, Kathryn Campbell, Salomón Cárdenas, Daniel Centeno, Pat Clemente, Greg Deville, Fred Dick, Ed Eick, Paulina Figueroa, Stan Fimple, Mary Katherine Gracia, Jack & Katie Gordy, Essy Gorrittis, Oscar González, James Grice, Todd Hachett, Monica Held, Cipriana Hernández, James Higbee, Larry Hoberock, Bob Kargel, Carol Kliesen Michael Knight, Phyllis Lambert, Lisa Larios, Mariela Latchman, Christopher Leffall, Anisa, Bernadette and Michael Magallanes, David Martinez, Luis Mendoza, Gerry & Sally Messbarger, Heath Myers, Deacon Bill & Oleta Moler, Mary Nichelson, Mario Nieves, John & Jacqueline Palumberi, Bethany Pate, John Penn, Dick Powell, Claudia Ramos, Larry Redburn, Danielle Robinson, Garcia & Reynaldo Roque, Gloria Saar, James Scerine, Paul Schatz, Cara Shelton, Pat Sohwide, Beth Stroud, Ray Tallent, Teddy Taylor, Pat Teller, Robby Tiedt, Hector Vivar, Lindsay Wahlmeir, Rosemary Weaver, Paul Westhaus, Tara Woods, John Yother, Anne and Joe Zinn, Marge Zoellner, and those providing and receiving care from Stephen Ministry.



† Mass Intentions †

St. Francis Xavier

February 6 8:00am **†Wolf Dillmann** – Ruth Twardy
 February 7 8:00am **Will Nieves** – Kevin & Ann Campbell
 February 8 8:00am **†Julie Trojan** – Jim & Sandy Soulek
 February 9 12:10pm **†Jeremy Wallace** – Mike and Martha Larsen
 February 10 5:00pm
 February 11 8:00am **65th Wedding Anniversary of Lawrence and Jolene Roy**
 10:00am **For the People of St. Francis**
 1:00pm

St. John the Evangelist

February 5 12:15pm **NO Mass**
 February 6 5:15pm **Landon Tulipana**- OSU Knights
 February 7 12:15pm
 February 8 5:15pm **Cameron Victor** – OSU Knights
 February 9 5:15pm
 February 10 **No Saturday Mass**
 February 11 9:30am **Pro Populo**
 11:30am
 5:00pm

Please remember in your prayers all those currently serving our Country.

Please pray for the repose of All Souls, especially Patty Hoyt (Mother of Peter Hoyt) Marjorie Feher (Mother of Greg Feher) and John Taylor (Father of Linda Taylor)

Prepare the Way of the Lord

Tell anyone who cannot attend Mass the good news! The St. Francis 8:00am Mass will be broadcast on 94.3FM and 780AM at 9:30am each Sunday.

HOSPITALITY

Thank you, Cindy Beckman, for your 18 years of Service to the Stillwater Catholic Community! Have a very happy and blessed retirement.

A Warm Welcome to Seminarian Chris Lopez! Chris is a freshman at Conception Seminary College in Missouri and his home parish is Sts. Peter and Paul in Tulsa.

Join us for Coffee and Donuts TODAY! Coffee and Donuts at St. Francis after 8am and 10am Mass. At St. John after 9:30am Mass.

If you are interested in subscribing to Give Us This Day, a daily devotional and prayer guide, please contact Mimi Ward (405-377-3884 or cmbjward@sbcglobal.net) by EBRUARY 15th. A single subscription is \$39.95, 5-19 subscriptions are \$29.95 each. Information about the publication is available at giveusthisday.org

FORMATION

Youth Formation - Religious Education & Youth Ministry

Sarah Dorman, RE Coordinator – crepek-5@brightok.net or 405.372.7987
Ashleigh Martin, Youth Minister – catholicyouth@brightok.net or 405.269.3786

RELIGIOUS EDUCATION

Pre-K – 5th Grades
St. Francis Xavier Center
(602 S. West St.)

February 4, 2018

RE Classes from 11:15am to 12:30pm

First Communion Mini Retreat: The retreat will be **TODAY, February 4th**, during RE class time. This retreat is for the First Communion students and at least one parent/guardian. Effort should be made to attend. Attendance will be taken. Thank you!

Love Feast - Our next opportunity to serve a Love Feast meal is Tuesday, **February 6th**. Love Feast is located at the Methodist Church South Campus (26th and Husband). We arrive at 5:30 to set up and serve the meal. We are usually done no later than 7pm. Contact Sarah if you are interested in attending.

Fat Tuesday Pancake Dinner – The RE program along with Edge and CYO will have a pancake dinner on Tuesday, February 13th at 6:00 pm. The dinner will take place in the St. Francis Parish Hall. We'll have lots of food and some crafts for the kids. Wear your favorite pajamas and join us for "breakfast"! See flier for more information.

RE "Packin' It Up!" Days - If you would like to help pack RE and preschool supplies to ready for our move to the new church, we will have packing days on Saturdays, February 10th and 24th from 10am-2pm. In addition, every Friday from 10am-12pm we will be sorting, cleaning, and packing items in the school building. All help is appreciated! Contact Sarah with any questions.

YOUTH MINISTRY

6th – 12th Grades
CYO House
(717 S. Hester St.)

Sunday, February 4

Confirmation 11:30-12:30

No Edge
No Life Teen

Steubenville Registration is due this weekend. If your child is in grades 8-12 and would like to attend the Steubenville Conference July 20-22 in Springfield, MO please have your permission slip and \$50 deposit to Ashleigh by Sunday, February 4. Steubenville is a high-energy youth conference where thousands of teens are invited to encounter Jesus Christ through dynamic speakers, engaging music, the Sacraments, small group discussions, and fellowship with other teens.

February 28 - Sing Praise Night from 6:30-8:00. St. Francis Xavier has been given the privilege of hosting this exciting night for youth throughout our community. The night begins with Pizza, then we will have a guest speaker (Bishop Konderla), and we will end the night in the presence of our Lord with Adoration and Praise and Worship. Invite your friends, this is a night you do not want to miss!! Please RSVP to Ashleigh at ashleigh@sfxstillwater.org to ensure we have enough pizza!! The purpose of Sing Praise is simple: to praise our Lord in the Blessed Sacrament together as a diocese. While doing so, we hope to connect the youth of our parishes with Christ and His Church - all done at the same time across the diocese!

Welcome to all! Thank you for celebrating Mass with the Stillwater Catholic Community today! If you would like to register as a new member or you need to make updates to your contact information, please contact the Parish Office at 405-372-6886 or visit sfxstillwater.org.

Adult Faith Formation

RCIA

Rite of Christian Initiation for Adults. The next class will be Feb. 7 at St. Francis in the Parish Hall from 7 to 8:45pm covering A Catholic Moral Vision. RCIA is open to all adults interested in becoming Catholic or learning more about the Catholic Faith. For more information, please contact Deacon Paul Govek at (405) 377-7322.
RCIA at St. John is on Wednesday nights from 7pm to 8:30pm. For more details, please contact (405) 372-6408.

Knights of Columbus Council 5266

Grand Knight – Chris Stoner
texagok87@sbcglobal.net or 405-612-3135
Meetings are the second Monday of each month at **7:00 PM** in the basement of St. Francis Xavier.

Catholic Men's Conference

"Called to be Saints"
March 3, 2018 at the Embassy Suites Convention Center in Norman, OK.
Register online at www.catholicmen.net
Transportation available.
Call Greg Feher at 405-747-4847.

Faith and Froth at St. John

1st Tuesday of each month begins Feb. 6
5:15pm Mass, 6pm Social, 6:30pm Talk
Details, visit catholicpokes.com.

The Wild Goose

Want to develop a deeper relationship with God through the Holy Spirit? Join us in discovering the ways of the Holy Spirit, in our Lenten retreat series THE WILD GOOSE with Fr. David Pivonka, TOR. As Fr. Pivonka explains, "The wild goose was a term that the ancient Celts had for the Holy Spirit... Yes, there is a wildness to the Holy Spirit. If you allow him, the Wild Goose will lead you on an adventure greater than you can imagine." The retreat series will be on Thursday evenings from 7:00 - 8:30 PM beginning Thursday, Feb. 15 in Room 6 at St. Francis School and will continue until Thursday, April 5. For information contact Judith Cronk at ludyklynn@yahoo.com or 405-269-1229.

Baptism Preparation Class

If you are a parent or god-parent, Baptism classes are conducted by a Deacon at the St. Francis Xavier Center (602 S. West St.) on the second Tuesday of each month at 6:30pm. To register, please call the parish office at (405) 372-6886.

SERVICE

Parish Pastoral Council Meeting - The next meeting will be February 8 at 7pm in Rm 5 of the St. Francis Xavier Center.

Stewardship Council Meeting – The next working meeting is February 15 at 6pm at the Hampton Inn and Suites Board room on 6th and Country Club.

Chili Supper to Benefit Birthright of Stillwater

The Knights of Columbus Council 5266 will be hosting a chili supper on Monday, February 12 from 5 to 7 pm in the St. Francis church basement. All you can eat chili with all the fixings for \$5 per person or \$10 per family. Everyone is welcome and proceeds from the dinner will go to Birthright of Stillwater. For more information contact Kem Kadavy at 405-612-4949.

Stephen Ministry - ALL ALONE? Don't be. God doesn't want us to be alone. He wants us to turn to others when things are bothering us. Stephen Ministers will walk with you through your troubles and be there for you when you need them. If you or anyone you know is feeling alone, please contact Angela Pradia at (405)762-9405 or Mary Ellen Holley at (405)762-9357 or angie_mklady@yahoo.com.

Spanish classes for Adults – Please call Luz Flores (405-880-0553) or Dr. Cida Chase (405-377-0671) for more information or to register for a class.

Beginning Class - Tuesdays from 6:15-7:15pm in Rm 5 at St. Francis/St. John School.

Introductory Class – Tuesdays from 6:15-7:15pm in Rm 6 at St. Francis/St. John School.

Intermediate Class – Mondays from 6:15-7:15pm in Rm 6 at St. Francis/St. John School.

Upcoming Rachel's Vineyard Retreats –

A Spanish Rachel's Vineyard Retreat will be offered on March 2-4 at Catholic Charities in Tulsa, OK. Fr. David Medina will be the priest and the therapist will be Martha Lievano-Stanton. There will also be a Rachel's Vineyard Retreat offered in English on April 20-22 at Catholic Charities in Tulsa. For more information, please contact Mary Lee Weaver at 918-508-7142 or marylee@cceok.org.

Live the Liturgy – Inspiration for the Week

When we suffer, we can easily find ourselves thinking that we have been abandoned by God or have done something to displease him and are now paying the price. Suffering is not God's fault. The reality of suffering and death is much more complicated than this and even somewhat mysterious. When Jesus preached the Gospel, it was made clear that suffering has meaning and always brings with it new life. It requires faith in order to understand this mystery. The Gospel brings us new life both here and in the life to come. This is truly Good News! When this Good News is understood by the believer it stirs within us a passion to urgently preach this healing and life giving message to others.

NEW THIS YEAR!!!! 2018 Contribution Envelopes or Automatic Donation for St. Francis Xavier Catholic Church. Envelopes will be mailed directly to your home this year on a monthly basis. If you had envelopes or automatic draft set up at St. Francis in 2017, you should have received your first set of envelopes already. If you would like to use the envelope system or set up an automatic donation at St. Francis, please contact the parish office at 405-372-6886 or erin@sfxstillwater.org.

Health and Wellness Ministry

Brandi Bishop, RN 405-269-2252

6 Heart Disease Risk Factors

Heart disease is largely preventable. The good news is that every one of us can do something to lower our risk factors.



1. Know your cholesterol levels — both the bad cholesterol, which is LDL, and the good cholesterol, which is HDL.
2. Blood pressure is the next most important risk factor. Many Americans have high blood pressure. Being overweight will predispose you to high blood pressure.
3. Obesity is driving a great deal of heart disease. You can go online and calculate this using a body mass index (BMI) calculator.
4. Diabetes is on the rise in America along with excess body weight. If you're overweight, you should have your blood sugar tested. If your blood sugar is elevated, then a change in lifestyle is the first thing recommended.
5. Your body shape is important. Those who are at a higher risk have increased abdominal obesity and are shaped like an apple — where their weight is all in their stomach.
6. Exercise is as powerful as any medication in preventing heart disease.

It doesn't have to be excessive, physical activity — even walking — dramatically lowers the risk of heart disease.

www.clevelandclinic.org

Everyday Stewardship

Sometimes we can feel like we are living the life of Job: everything is going wrong all at the same time. Everyone finds himself or herself in a valley once in awhile. How we got there is not nearly as important as how are we going to get out.

Everyday stewards are called to be grateful for all things, large and small. It is easier to be grateful for obvious things like family, health, and life itself, than it is to look for the ordinary gifts in our life. When we cultivate a sense of wonder and thankfulness for the many little things in life we find ourselves more resilient in times of trial. We can look out our window and see all those gifts in creation. We can look around our home and see all the things people take too easily for granted. Imagine life without some of the simplest things like clothing, warmth, water, and furniture. There are people in this world that long for all of those things. But God has given them for your benefit and for you to share with others.

Before Lent begins in a couple weeks, take the time to create a list of at least 10 things that you normally take for granted. Keep that list handy and maybe add to it from time-to-time. When life seems hard and that cloud seems to hang over our heads, bring out the list and let gratefulness lift you up and out of your plight so that once again you can be about your Father's work.

Tracy Earl Welliver, MTS - © Liturgical Publications Inc